



Glen Allen Youth Athletic Association

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GAYAA Return to Play Guidelines

Following Governor Northam's [executive order 72](#), the GAYAA Board of Directors is issuing the following Return to Play Guidelines. These are subject to minor modifications based on changing executive orders. We all have a role to play in a safe and healthy return to the fields, so thank you for your support as we start our season!

Schedule:

- Practices start the week of March 1st, weather permitting with staggered times to manage traffic
- Differentiated "entrance" and "exits" at JBP where traffic flow can be congested.
- Current target is March 20- Early June for games

Players:

- Players should stay least 6 ft apart, as guided by the State, to the extent possible.
- No high fives, huddles, hugs, etc
- Any incidental physical encounters of < 6 feet that occurs during the normal course of a baseball and/or softball play is allowed.
- Face coverings are not required, are encouraged at the discretion of each player
- Food is prohibited from all "dugout" areas. (i.e. sunflower seeds, chewing gun, etc.)
- No sharing equipment, this includes towels, batting helmets, or catcher's masks. League provided masks are available for teams that need them. Play/Rules will be modified to eliminate the need for catcher's gear in the younger age groups.

Parents:

- Signing of the Babe Ruth League COVID-19 waiver was mandatory during registration
- Recommended that each family supply their own disinfectant wipes/cleaners for their players' hands and equipment.
- Viewing areas will be available down the lines, maintaining responsible physical distancing as outlined by the State. Parents are encouraged to bring their own chairs.
- 250 spectators are allowed per field. **Spectators must wear face coverings at all times and ten feet of physical distance must be maintained between spectators who are not family members**, as defined in section II, subsection D, paragraph 2.
- In QuickBall, Instructional Softball, Jr Rookie and Rookie divisions, it is encouraged that one parent be near the "dugout area" to assist their player with proper distancing recommendations.
- Dugouts are for players and coaches only, unless an injury or illness occurs.
- Keep your player home if they do not feel well, or have been exposed to a person diagnosed with COVID-19 over the last 14 days or have taken a test and are awaiting results.
- Parents must confirm attendance for each activity in the SiPlay app. By confirming attendance in the app, you are confirming your child is symptom free and has not had any exposure.



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- If they show up at the ballpark with COVID-19 symptoms, they will be required to leave.
- If a player tested positive for COVID-19, they must present a doctor's note to return to play.
- Keep yourself at home if you do not feel well, if you have COVID-19 or if you have been exposed to a person diagnosed with COVID-19 over the last 14 days or are awaiting test results.

Who needs to quarantine?

People who have been in [close contact](#) with someone who has COVID-19—excluding people who have had COVID-19 within the past 3 months or [who are fully vaccinated](#).

- People who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms.
- People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.
- People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been [fully vaccinated](#) against the disease and show no symptoms.

What counts as [close contact](#)?

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

Steps to take

Stay home and monitor your health

- Stay home for 14 days after your last contact with a person who has COVID-19.
- Watch for fever (100.4°F), cough, shortness of breath, or [other symptoms](#) of COVID-19
- If possible, stay away from others, especially people who are at [higher risk](#) for getting very sick from COVID-19

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Coaches/Scorekeepers:

- Face covering is not required and optional.
- Monitor players for COVID-19 symptoms.
- Pre-game BP in cages farthest apart from each other.



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- Stretching and throwing from appropriate distancing
- Distribute baseballs/softballs to minimize crowding around the bucket.
- Encourage regular hand sanitization when appropriate
- Sanitize league provided catcher's mask before changing catchers and after each game. If using a league provided catcher's mask – limit the number of catchers used in a game to 2.
- Play/Rules will be modified to eliminate the need for catcher's gear in younger age groups.
- No high fives, hugs or team huddles
- Wipe down/sanitize "dugout areas" as needed.
- Only one adult allowed in scorekeepers box (home team provided scoreboard operator)
- Wipe down/sanitize scoreboard controller after game

Umpires:

- Glen Allen employee umpires must wear a mask at all times

JBP and RF&P Setup:

- Entrance only between Buffalo Wild Wings field and SLP financial field
- Exit only behind SLP Financial Field
- Dugouts, Bleachers and bullpens to potentially serve as "dugouts" as needed to ensure recommended distancing.
- Anticipate increased hand sanitization stations
- Concessions and Restroom - Concession stands will be operational at RF&P and JBP and will follow the CDC guidelines for food service.
- Maintain appropriate physical distancing in the concession lines
- Order and pickup window
- Cones/tape designating appropriate spacing
- Seating limitation at picnic tables, etc.
- Restrooms are limited to one person at a time. Young children can be accompanied by a parent